

PAEDIATRIC INCONTINENCE AND PELVIC FLOOR חדש!! קורס

עם Dawn Sandalcidi

לראשונה יפתח קורס טיפול ברצפת האגן אצל ילדים. הקורס מיועד לבוגר/ת קורס שיקום רצפת אגן בלבד. הקורס יתקיים בשני מחזורים ובסיומם יתקיים מפגש משותף:

8-17:30 מחזור ראשון של הקורס יתקיים בתאריכים:29-30/10/17 (ימים א' וב') בשעות

8-17:30 מחזור שני של הקורס יתקיים בתאריכים: 1-2/11/17 (ימים ד' וה') בשעות

וכן יתקיים מפגש נוסף (המשותף לשני המחזורים) בתאריך 3/11/17 (יום ו') בשעות 8-12

"הקורס יתקיים בביה"ס לפיזיותרפיה ב"אסף הרופא

עלות לחבר עמותה - 1,200 ₪, עלות ללא חבר בעמותה - 2,100 ₪.

<u>הקורס מיועד לפיזיותרפיסטיות רצפת אגן בלבד !!</u>

לתקנון ביטולים לחץ <mark>כאן</mark>

לרישום לחץ <mark>כאן</mark>

תכנית הקורס:

Day One:

07:30 Registration

08:00 Pre-course learning: opportunity to ask questions

08:30 Investigative Tools- Uroflow, KUB, US and urodynamic testing

10:30 Break

10:45 Constipation and encopresis: definitions, treatment, medications Part 1

12:00 Lunch

13:00 Constipation and encopresis: definitions, treatment, medications Part 2 (sitting lab in auditorium(

13:45 Enuresis (bedwetting): definition, aetiology, medical-behavioral management

14:45 Break

15:00 Surface electromyography (SEMG): lecture of paediatric EMG findings and treatment progressions with computer animated demonstration of evaluation, and video demonstration of patients



16:00 End of day practical sessions

- SEMG to include proper electrode placement, evaluation and treatment progressions
- Belly breathing with toileting
- External pelvic floor palpation
- ILU (I Love U) and connective tissue massage, Valve releases*

17:30 End of day 1

Day Two:

- 08:00 Vesicoureteral reflux (VUR): medical, surgical management
- 08:45 Dysfunctional voiding
- 09:45 Neurogenic Bladder
- 10:15 Break
- 10:30 Psychological considerations
- 11:00 Common medications
- 11:30 Medical evaluation
- 12:00 Get Lunch
- 12:15 Watch video of initial evaluation while eating lunch
- 13:15 Physiotherapy evaluation- subjective and objective
- 14:00 Physiotherapy assessment and treatment with video treatment sessions*
- 15:00 Break
- 15:15 Video of patient initial evaluation
- 16:15 Double voiding: treatment goals and progressions (lab in sitting
- 16:45 End of day practical sessions
- Diastasis Recti Assessment
- Belly Breathing With 5 KG weight, Theraband (students bring) and prone
- Core exercises



17:30 End of day 2

3 November - Combination Lectures

08:00 Startup - items to have in the clinic, website, apps and referral sources

09:00 Case studies

11:30 Questions and answers

12:00 End of course

על המרצה:

Dawn Sandalcidi PT, RCMT, BCB-PMD (Board Certified Biofeedback-Pelvic Muscle Dysfunction) specializes in: pelvic muscle dysfunction (incontinence and pain), orthopedic manual therapy, and TMJ treatment. She is the leading expert in the field of pediatric incontinence in physical therapy. She has trained medical professionals in manual therapy since 1992 both nationally and internationally.

Dawn is certified by the Biofeedback Institute of America for pelvic muscle biofeedback treatment.

Dawn has actively been treating patients for the past 32 years and owns a private practice in Denver, Colorado, develops educational materials for health care providers through Progressive Therapeutics and provides consulting services through Physical Therapy Specialists. In addition she is an affiliate faculty member at Regis University Department of Physical Therapy in Denver, CO where she teaches pelvic muscle dysfunction/ women's health physical therapy, as well TMJ.

Dawn received her degree in physical therapy in 1982 from SUNY Upstate Medical Center in Syracuse, New York. She participated in extensive international postgraduate studies in manual and manipulative therapy of the spine and extremities in Germany, Switzerland and New Zealand. In 1992, Dawn completed an additional two-year residency to become a certified instructor of the Mariano Rocabado techniques for the spine, pelvis and craniomandibular joints (RCMT). Dawn also received her BCB-PMD Board Certified Biofeedback in Pelvic Muscle Dysfunction.

Also in 1992, Dawn became the first physical therapist to treat pelvic muscle dysfunction in the Denver area. Since then she has developed a pediatric dysfunctional voiding treatment program



in which she lectures on internationally. She has further studied pediatric conditions in post graduate work at Regis University.

Dawn has also lectured on pelvic pain for CPD Health Courses for osteopaths, manual therapists and acupuncturists in Melbourne, Australia.

Dawn has been published in the *Journal of Urologic Nursing*, the *Journal of Manual and Manipulative Therapy*, *Journal of the Section of Women's Health and the Journal of International Association of Orofacial Myology*.